

## TO PEEL OR NOT TO PEEL?

You may have heard about how great chemical peels are for helping improve a variety of skin issues. Here are some basic do's and don'ts related to chemical peels:

### Do

- consider peels for acne scars, discoloration or fine lines
- use peels thoughtfully as part of a whole skincare regimen
- jumpstart your skincare process after summer heat and sun exposure lessens
- wear sunscreen and follow post peel care instructions explicitly
- plan for a series of monthly or bimonthly peels if you have more intense skin imperfections
- remember that all peels are not created equally - be sure to make certain that the peel is safe for your skin type and tone

### Don't

- use peels as your only method of treating acne
- get a peel if you have recently been in the sun (within 2 weeks) and are tanned or burned
- have a peel if you have recently used a retinoid - tretinoin, adapalene or tazarotene or an over-the-counter retinol product
- use peels if you are currently on or have recently completed isotretinoin therapy within 3-6 months

## CYSTIC ACNE

Masks have a way of exacerbating acne. Remember to wash your reusable masks after every use, apply masks to clean skin, and avoid wearing makeup with masks.

For more help, remember that we are here for you - so feel free to schedule an appointment!



## ANNUAL FALL PEEL EVENT

*Back by Popular Demand*

### SkinMedica Peels

Safe for all skin-types with consistent predictable results  
Lift away discoloration, fine lines and help smooth acne scars!

#### Vitalize peels

\$125 each (reg. \$175), \$350 package of 3 (reg. \$475)

#### Rejuvenize peels

\$175 each (reg. \$250), \$475 package of 3 (reg. \$675)

## MARVELOUS MONDAY

*September 14th*

**20% OFF**  
All Products & Aesthetic Services\*

\*excludes CeraVe, LivSo and Latisse

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