



Consistency is Key

When you set goals and develop a plan, you get results. Skin care works the same way!

- Use appropriate products for your skin type and specific concerns.
- Be patient! It may take at least 6-8 weeks for the skin to respond to your skin care products.
- When choosing products, focus on your needs, not just on what's trending at the moment.

Safe DIY Skin Tools



- ✓ **YES** to the Jade Roller - A few minutes with this tool will help calm your mind, while stimulating blood flow to the skin. It feels amazing as a home face massager after a deep skin cleanse. Use a bit of moisturizer in the evening to make your night routine feel more luxurious.
- ✓ **YES** to gentle cleansing scrubs when used a few times per week. We love the AHA/BHA Exfoliating Cleanser by SkinMedica.
- ✓ **YES** to regular use of the SkinBetter at home Peel Pads! These products will help you keep blackheads away while leaving your skin glowy, but not dry and irritated.

Treatments Ideal for Fall

This season is clearly different than previous years due to the social distancing required during this pandemic. However, this time does lend itself to a few special treatments that have some recovery time! Here are some ways to take advantage of the extra time away:



KYBELLA - permanently gets rid of unwanted fat under the chin

LASERS for Sun Damage - great for brown sunspots and redness

This month, all Kybella and Excel V laser treatments are 15% off! Offer cannot be combined with any other promotion.

Marvelous Monday
October 12th
20% OFF
All Products & Aesthetic Services*
*excludes CeraVe, LivSo and Latisse

Save the Date--November 9th