



Great Skin Isn't Just about Good Luck

Having great skin often relates to a solid skin care strategy.

Get your moles checked annually.

Cleanse with products appropriate for your skin type.

Wear sunscreen - every day, reapplying every 2 hours as needed for more intense sun exposure.

National Nutrition Month

March is a month dedicated to nutrition education. We recommend eating a balanced diet consisting of whole grains, fruits, vegetables, healthy fats, and dairy foods. Stay hydrated with adequate water intake and avoid excessive sugar, sodium, caffeine and alcohol. Your health is certainly related to your diet and as the skin is the largest organ, expect your skin to improve with a more healthy diet. Visit [dietaryguidelines.gov](https://www.dietaryguidelines.gov) for general details.



Who's Ready for a Reset?

Secret RF is one of our best treatments for skin tightening and fine line reduction. Acne scars and discoloration are also improved with this powerfully effective therapy. Just three monthly treatments for a lift that lasts all year making you feel more vibrant once again. Great for both the full face and neck. **This month only - get a free Alastin Restorative Neck Complex with any Secret RF neck treatment.**

Check out our patient's before and after photos:



"Jana and Morgan and everyone at DD Is amazing. I was very nervous and everything went by great and 1 hour after appointment I feel great thanks again and keep up the amazing work looking forward for my next." -DS

Testimonial Time

March 14

20% OFF

All Products & Aesthetic Services*

*excludes CeraVe, LivSo and Latisse

Save the Next Date - April 11

Marvelous Monday

You may purchase applicable products and cosmetic services at 20% off all day, virtually or in office. Great for body smoothing treatments- VANQUISH ME, injectables including Botox, Juvederm fillers, Kybella, lasers acne scars, hair removal, brown spots, unwanted blood vessels), Hydrafacials, microneedling, SecretRF, Exilis and more! Call or message us to take advantage of this great promo for our loyal patients.