



The season of celebration is here! Here are some skin tips to help you look and feel your best during this time.

- 1 Always start the day with a clean face. If you wear makeup, be sure to remove it thoroughly before bed as well.
- 2 Protect your hands. Cleanse with gentle creamy cleansers and seal in hand moisture with a rich fragrance-free lotion or cream to help prevent dryness during colder months.
- 3 Hydrate your lips with ointments like CeraVe Healing ointment, Aquaphor or Vaseline. These are also excellent gentle products to help remove makeup.
- 4 Remember to drink water during social gatherings to prevent dehydration from alcohol and sodas. Using a 1:1 ratio of water to alcoholic beverages is a great strategy.
- 5 Book any appointment for chemical peels or injectables like filler or neuromodulator (Botox or Jeuveau) at least one week prior to any important event to allow for adequate healing time.



Product Feature of the Month

Cysteamine is back and better than ever. This elegant product helps to even out discolored skin in a more gentle way. Use it as a face mask before washing each morning and watch your skin tone become more even without the use of harsh bleaching creams.



Aviclear

Acne is the most common skin condition in the US. Approximately 85% of people between the ages of 12 and 24 experience at least minor acne according to the American Academy of Dermatology. We are happy to report that Aviclear, a laser FDA approved to treat acne, provides excellent clearance after three treatments.

Check out these before and after photos of our beautiful patient who had 3 Aviclear monthly treatments.



Get That Skin Together, Once and For All!

Book a cosmetic consultation with Kourtney or Wendy to get your skin ready for 2023. They can help organize your ideas, and help you customize your daily regimen based on the products you already own, as well as recommend products to meet all of your skin care needs. They also can help you differentiate between some of our most popular services like facials, peels, microneedling, radiofrequency microneedling & skin tightening.



Be sure to book Kourtney early for any makeup services this holiday season. #glamsquad



DECEMBER 12TH

Marvelous Monday

20% OFF
All Products & Aesthetic Services*

*excludes Aviclear, CeraVe, LivSo and Latisse

Save the Next Date - JAN 9TH

Gift certificates here at the practice are available and are included in our Marvelous Monday promo!*

You may purchase applicable products and cosmetic services at 20% off all day, virtually or in office. Great for body smoothing treatments- VANQUISH ME, injectables including Botox, Juvederm fillers, Kybella, lasers acne scars, hair removal, brown spots, unwanted blood vessels, Hydrafacials, microneedling, SecretRF, Exilis and more! Call or message us to take advantage of this great promo for our loyal patients.