

NEWSLETTER **FEBRUARY 2024**

Think Vositively About Your Body & Skin!

February is Body Positivity Month and we celebrate the diverse shapes, sizes, and identities that make up our beautiful human tapestry. Throughout this month-long observance, we advocate for self-acceptance, challenging societal norms, and embracing individual uniqueness.

5 Ways to Show Your Skin Some Love:

Hydrate: Drink plenty of water to help keep your skin plump and soft, preventing dryness, flakiness, and wrinkles. Proper hydration also reduces the risk of inflammation and infection.

Wear SPF: Sunscreen is essential year-round to protect against sun damage, skin cancer, and premature aging. Apply it daily to maintain radiant, healthy skin.

Moisturize: Regular moisturizing prevents extreme dryness or oiliness, reducing common skin problems like acne and eczema.

Hands Off: Avoid touching your face to minimize the spread of germs and acne, preventing scarring and hyperpigmentation.

Get Your Beauty Sleep: Quality sleep allows your skin to heal and rejuvenate, resulting in even tone, reduced dark circles, and fewer acne breakouts. Prioritize rest for glowing, refreshed skin.

Bae-Tox all Month Long!

Botox is buy one get one half off if you bring a Valentine in for treatment too! Essentially it's 25% off for the couple. Take advantage and share the love.

February 12th **15% OFF** ALL COSMETIC PRODUCTS & SERVICES* *excludes Aviclear, CeraVe, **LivSo and Latisse Save the Next Date March 11th**

ColumbusDowntownDerm.com

(614) 224-4566

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*You may purchase applicable products and cosmetic services at 15% off all day, virtually or in office. Great for body smoothing treatments- VANQUISH ME, injectables including Botox, all fillers, Kybella, lasers acne (scars, hair removal, brown spots, unwanted blood vessels), Hydrafacials, microneedling, SecretRF, Exilis and more! Call or message us to take advantage of this great promo for our loyal patients.

500 E. Main Street, Suites 305A & 310 Columbus, OH 43215

Products Our Providers LOVE



ISDIN Tinted SPF

Protect, repair, and correct with Eryfotona Ágeless, an ultralight tinted sunscreen with zinc oxide which helps fight the signs of photoaging. Its formula uses 100% mineral SPF 50 sunscreen, an innovative blend of peptides, antioxidants, and DNA Repairsomes[®] to repair existing sun damage and reduce the appearance of fine lines and wrinkles.



ISDIN K-Ox Under Eve Cream

ISDIN K-Ox under eye cream offers a firming effect and protects skin from moisture loss, leaving the eye area feeling smoother and visibly more rejuvenated reducing bags, puffiness, and dark circles under the eye.



SkinMedica Vitamin C+E Complex

Vitamin C+E Complex contains vitamins C and E in a formulation that gradually delivers high levels of vitamins C and E to the skin to provide antioxidant protection all day long reducing visible sun damage and aging.

Sente Cystamine Piament Corrector

Cysteamine HSA Pigment & Tone Corrector has dual technology that targets

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inflammation that can lead to hyperpigmentation, improving the appearance of dark spots in as early as 8 weeks. This product is hydroquinone-free so it is safe for continued, long-term use.

