

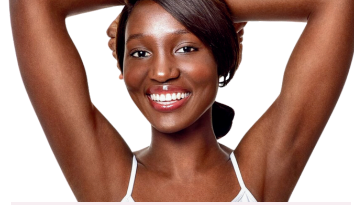


Your Eczema Is Manageable

As the weather shifts, individuals with eczema may experience flare-ups due to changes in humidity, temperature, and allergen exposure. Here are some tips to help you effectively manage eczema during seasonal transitions:

- 1 Moisturize Regularly:** Hydration is key to managing eczema. Use a thick, fragrance-free moisturizer immediately after bathing to lock in moisture and prevent dryness. Reapply moisturizer throughout the day, especially in areas prone to eczema flare-ups.
- 2 Choose Appropriate Clothing:** Opt for loose-fitting, breathable clothing made from soft fabrics such as cotton and avoid staying in sweaty workout clothes too long after a workout. Dressing in layers can also help manage fluctuating spring temperatures.
- 3 Identify Triggers:** Pay attention to environmental factors that may trigger eczema flare-ups, such as pollen, mold, or harsh chemicals. Minimize exposure to these triggers by using allergen-proof bedding, avoiding outdoor activities during high pollen counts, and using gentle, fragrance-free skincare products.

If you're experiencing persistent or severe eczema symptoms despite following these tips, reach out to schedule with us at (614)224-4566.



LASER HAIR REMOVAL

It's not too late to get rid of your unwanted hair before summer! Laser hair removal is great for any area of the body. Our laser offers patients of all skin tones a safe and effective solution to unwanted hair and is a great option if you suffer from stubborn hyperpigmentation or razor bumps.

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Kiss Winter Goodbye!

We can see the light at the end of the tunnel! Warm weather is quickly approaching so kick off spring with a perfect pout. Schedule your cosmetic consultation today for your own customized treatment plan.



SPF I know, I know, you're probably tired of hearing about the importance of wearing sunscreen so we will keep it short and sweet and leave a few of our favorite sunscreens here.

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ISDIN Eryfotona Ageless (Tinted/Untinted)[®]



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Marvelous Monday

*You may purchase applicable products and cosmetic services at 15% off all day, virtually or in office. Great for body smoothing treatments: SKINVIVE, injectables including Botox, all fillers, Kybella, lasers acne (scars, hair removal, brown spots, unwanted blood vessels), hydrafacials, microneedling, SecretRF and more! Call or message us to take advantage of this great promo for our loyal patients.

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