



## Celebrating International Women's Day March 8th

March is a time to honor the achievements of women worldwide, including those in dermatology and skincare innovation. From groundbreaking research to advancing skin health, women have played a crucial role in shaping the field. This month, we recognize their contributions and encourage everyone to embrace self-care and confidence in their skin.



## National Chemical Peel Day March 10th

Chemical peels are a powerful way to rejuvenate the skin, reducing fine lines, acne scars, and hyperpigmentation. By exfoliating the outer layers, peels promote collagen production and a smoother complexion. Consult with a dermatologist to find the best peel for your skin type.



## National Lips Appreciation Day March 16th

Lips play a vital role in communication, expression, and protection. Keeping them hydrated with a nourishing balm and SPF can prevent dryness and cracking. Regular exfoliation and hydration help maintain soft, healthy lips year-round. **Stay radiant this March!** 🌸



## Skincare Routines During Transitional Seasons

As the seasons change, so should your skincare routine! Transitioning from winter to spring means swapping heavy creams for lighter moisturizers, incorporating SPF daily, and exfoliating to remove dry, winter skin. Hydration and barrier support remain key—opt for gentle cleansers and nourishing serums to keep your skin balanced and glowing. We like the **SkinCeuticals Daily Moisturizer** for a great light-mid weight product - sold here at Downtown Dermatology!



## Marvelous Monday March 10th

**15% OFF**  
**ALL COSMETIC PRODUCTS & SERVICES\***

\*excludes LivSo

Save the  
Next Date!  
4/14

\*You may purchase applicable products and cosmetic services at 15% off all day, virtually or in office. Great for body smoothing treatments: SKINVIVE, injectables including Botox, all fillers, Kybella, lasers acne (scars, hair removal, brown spots, unwanted blood vessels), hydrafacials, microneedling, SecretRF and more! Call or message us to take advantage of this great promo for our loyal patients.